

Campeonato Nacional de Verão de Infantis e Iniciados

Programa manhã - eliminatórias

Prova nº. 1 - 09H30 / 09H35				1 X INF/ FEM.		(500 m)	
(11T)							
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
6	SCC	6	Inês Ranhada	0:41:19,05	0:43:36,53	0:02:17,48	1
3	CERVEIRA	3	Daniela Ramos	0:41:19,05	0:43:37,99	0:02:18,94	2
2	INFANTE	2	Inês Oliveira	0:41:19,05	0:43:39,00	0:02:19,95	3
2	CFP	8	Marta Abreu	0:46:28,07	0:48:52,26	0:02:24,19	4
5	ACADÉMICA	11	Rafaela Fonseca	0:46:28,07	0:48:56,78	0:02:28,71	5
3	GINÁSIO a	9	Ana Costa	0:46:28,07	0:49:02,58	0:02:34,51	6
1	ARCO	7	Núria Meira	0:46:28,07	0:49:19,38	0:02:51,31	7
4	GINÁSIO b	4	Mariana Soares	0:41:19,05	0:44:11,78	0:02:52,73	8
5	CG	5	Catarina Pereira	0:41:19,05	0:44:37,65	0:03:18,60	9
1	RCFP	1	Inês Oliveira				N.A.
4	CACIA	10	Inês Dias				Desis

Prova nº. 2 - 09H45 / 09H50				2 X INF/ FEM.		(500 m)	
(07T)							
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
3	GCNF	14	Milena Faria/Barbara Coelho	0:50:50,48	0:53:03,50	0:02:13,02	1
2	CDUP	17	Patricia Conceição/Francisca Rodrigues	0:57:31,19	0:59:46,38	0:02:15,19	2
2	GINÁSIO a	13	Inês Costa/Maria Limede	0:50:50,48	0:53:13,65	0:02:23,17	3
3	CERVEIRA	18	Cátia Ferreira/Adriana Lages	0:57:31,19	1:00:05,22	0:02:34,03	4
4	NAVAL	15	Catarina Silva/Raquel Pimentel	0:50:50,48	0:53:27,61	0:02:37,13	5
1	SCP	12	Alexia Portela/Patricia Santos	0:50:50,48	0:53:41,90	0:02:51,42	6
1	GINÁSIO b	16	Dafne Oliveira/Beatriz Pinto	0:57:31,19	1:00:37,15	0:03:05,96	7

Prova nº. 3 - 10H00/10H05/10H10/10H15/10H20/10H25				1 X INF/ MASC.		(500 m)	
(31T)							
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
2	ACADÉMICA a	37	Gonçalo Delgado	1:17:11,03	1:19:09,90	0:01:58,87	1
3	CERVEIRA a	49	David Cerqueira	1:30:00,68	1:32:02,51	0:02:01,83	2
5	GINÁSIO a	46	Tiago Silva	1:27:03,94	1:29:08,57	0:02:04,63	3
2	CNS a	21	Dinis Costa	1:00:59,83	1:03:05,00	0:02:05,17	4
3	ARCO	33	João Costa	1:13:26,59	1:15:32,61	0:02:06,02	5
5	CNV	35	Diogo Pereira	1:13:26,59	1:15:35,57	0:02:08,98	6
4	CFV	34	António Santos	1:13:26,59	1:15:38,75	0:02:12,16	7
5	CERVEIRA b	40	André Marques	1:17:11,03	1:19:23,66	0:02:12,63	8
1	ACADÉMICA b	20	Carlos Roque	1:00:59,83	1:03:12,86	0:02:13,03	9
5	CFP b	51	Miguel Lobato	1:30:00,68	1:32:14,86	0:02:14,18	10
1	SCP b	42	Filipe Vieira	1:27:03,94	1:29:21,52	0:02:17,58	11
2	SCC	32	João Sousa	1:13:26,59	1:15:50,94	0:02:24,35	12
2	INFANTE b	43	João Emanuel Silva	1:27:03,94	1:29:28,57	0:02:24,63	13
1	FABRIL b	25	André Correia	1:08:13,21	1:10:39,45	0:02:26,24	14
3	ANL	22	João Vidigal	1:00:59,83	1:03:26,25	0:02:26,42	15
4	GDFB	23	João Lopes	1:00:59,83	1:03:28,65	0:02:28,82	16
3	CERVEIRA c	44	Pedro Gomes	1:27:03,94	1:29:37,02	0:02:33,08	17
5	CNB	29	Diogo Paulino	1:08:13,21	1:10:52,01	0:02:38,80	Descl.
1	CFP a	36	Filipe Veiga	1:17:11,03	1:19:51,61	0:02:40,58	18
5	P.CALE	24	Francisco Faro	1:00:59,83	1:03:45,81	0:02:45,98	19
4	RCFP a	28	Mateus Costa	1:08:13,21	1:11:04,71	0:02:51,50	20
2	NAVAL	26	António Ferraz	1:08:13,21	1:11:13,72	0:03:00,51	21
3	CG	38	Francisco Soares	1:17:11,03	1:20:14,33	0:03:03,33	22
4	FABRIL a	45	Pedro Vaz	1:27:03,94	1:30:10,90	0:03:06,96	23
1	SCP c	47	Rodrigo Gomes	1:30:00,68	1:33:15,16	0:03:14,48	24
6	GINÁSIO b	30	Nuno Nascimento	1:08:13,21	1:11:28,08	0:03:14,87	25
1	INFANTE a	31	João Silva	1:13:26,59	1:16:42,07	0:03:15,48	26
2	ACADÉMICA c	48	João Gomes	1:30:00,68	1:33:18,66	0:03:17,98	27
4	INFANTE d	50	Daniel Ramalho	1:30:00,68	1:33:21,22	0:03:20,54	28
4	CNS b	39	André Fernandes	1:17:11,03	1:20:35,22	0:03:24,19	29
3	SCP a	27	Alberto Ismael				N.A.

Prova nº. 4 - 10H35/10H40/10H45/10H50			2 X INF/ MASC.		(500 m)		
(19T)							
Pista	Clube e Nº.Proa		Nomes dos Atletas	T/Saída	T/Chegada	T/Final	Clas.
5	SCC a	62	Nuno Ferreira/António Bezerra	1:41:25,75	1:43:28,59	0:02:02,84	1
4	SCP b	61	Evandro Almeida/Pedro Ferreirinha	1:41:25,75	1:43:28,65	0:02:02,90	2
1	CERVEIRA	58	Rafael Carvalho/Samuel Pinto	1:41:25,75	1:43:32,43	0:02:06,68	3
1	ARCO	63	Rafael Sousa/Miguel Machado	1:43:40,80	1:45:49,71	0:02:08,91	4
5	ACADÉMICA a	57	João Oliveira/João Graveto	1:38:04,37	1:40:13,78	0:02:09,41	5
2	CFV	69	Tiago Ferrero/Filipe Pereira	1:47:10,68	1:49:22,68	0:02:12,00	6
1	RCFP	52	André Malheiro/Francisco Magalhães	1:38:04,37	1:40:16,68	0:02:12,31	7
3	SCP a	70	Diogo Freitas/Diogo Costa	1:47:10,68	1:49:23,77	0:02:13,09	8
2	CNV	59	Tiago Oliveira/Gonçalo Silva	1:41:25,75	1:43:39,56	0:02:13,81	9
1	INFANTE a	68	Emanuel Barbosa/Vasco Nogueira	1:47:10,68	1:49:33,40	0:02:22,72	10
4	CACIA	55	Eduardo Vieira/Rafael Ferreira	1:38:04,37	1:40:27,50	0:02:23,13	11
3	CDUP	65	Diogo Bastos/João Teixeira	1:43:40,80	1:46:06,28	0:02:25,48	12
4	SCC b	66	João Carvalho/Eduardo Gonçalves	1:43:40,80	1:46:16,22	0:02:35,42	13
4	INFANTE d	71	Pedro Pereira/Pedro Bandeira	1:47:10,68	1:49:49,75	0:02:39,07	14
2	GINÁSIO	53	André Nunes/Xavier Oliveira	1:38:04,37	1:40:51,09	0:02:46,72	15
2	INFANTE c	64	Pedro Coelho/Horácio Santos	1:43:40,80	1:46:37,64	0:02:56,84	16
3	INFANTE b	54	Antonio Batista/Luís Aguiar	1:38:04,37	1:41:01,87	0:02:57,50	17
3	ANL	60	António Staats/Francisco Couto				Desis

Prova nº. 5 - 11H00/11H05/11H10/11H15			1 X INIC/ FEM		(1000 m)		
(19T)							
Pista	Clube e Nº.Proa		Nomes dos Atletas	T/Saída	T/Chegada	T/Final	Clas.
2	CG	86	Maria Cordeiro	2:09:55,46	2:13:44,86	0:03:49,40	1
3	CDUP b	93	Sara Soares	2:13:20,62	2:17:10,36	0:03:49,74	2
1	CFV a	100	Cátia Saraiva	2:22:19,62	2:26:11,26	0:03:51,64	3
1	ARCO	85	Joana Marins	2:09:55,46	2:13:48,05	0:03:52,59	4
4	INFANTE	94	Viviana Tavares	2:13:20,62	2:17:14,61	0:03:53,99	5
2	CFP b	92	Mafalda Lobato	2:13:20,62	2:17:20,27	0:03:59,65	6
6	RCFP	164	Erica Fernandes	2:09:55,46	2:13:56,02	0:04:00,56	7
3	ACADÉMICA b	97	Maria Vieira	2:18:58,41	2:22:59,05	0:04:00,64	8
3	SCP	87	Inês Alves	2:09:55,46	2:14:08,14	0:04:12,68	9
1	CERVEIRA b	91	Laetícia Alves	2:13:20,62	2:17:34,53	0:04:13,91	10
3	CACIA	103	Beatriz Valente	2:22:19,62	2:26:40,02	0:04:20,40	11
5	GCNF	99	Tatyana Gudyma	2:18:58,41	2:23:22,56	0:04:24,15	12
5	CFV b	89	Mariana Soares	2:09:55,46	2:14:24,07	0:04:28,61	13
2	NAVAL	96	Raquel Henriques	2:18:58,41	2:23:28,25	0:04:29,84	14
2	GINÁSIO a	101	Inês Cardoso	2:22:19,62	2:26:53,36	0:04:33,74	15
4	CERVEIRA a	98	Beatriz Vaz	2:18:58,41	2:23:34,08	0:04:35,67	16
4	GINÁSIO b	88	Mariana Saraiva	2:09:55,46	2:14:35,00	0:04:39,54	17
1	CFV c	95	Catarina Castro	2:18:58,41	2:24:26,72	0:05:28,31	18
4	CFP a	104	Beatriz Santos	2:22:19,62	2:29:54,87	0:07:35,25	19

Prova nº. 8 - 11H25/11H30/11H35/11H40/11H45			1 X INIC/ MASC.			(1000 m)	
(23T)							
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
3	CNS a	124	Afonso Costa	2:40:37,42	2:44:09,43	0:03:32,01	1
2	CERVEIRA	133	Ivo Carvalho	0:06:26,82	0:09:59,16	0:03:32,34	2
4	SCC a	120	Rodrigo Costinha	2:37:10,18	2:40:50,23	0:03:40,05	3
1	CFV	127	Ruben Saraiva	0:01:09,37	0:04:53,48	0:03:44,11	4
1	ANL b	112	Duarte Madeira	2:30:51,19	2:34:41,84	0:03:50,65	5
5	CFP a	116	Miguel Castro	2:30:51,19	2:34:43,36	0:03:52,17	6
3	FABRIL	134	Ricardo Correia	0:06:26,82	0:10:19,71	0:03:52,89	7
4	CNV a	135	Rui Freire	0:06:26,82	0:10:21,44	0:03:54,62	8
4	GDFB b	115	Eduardo Sousa	2:30:51,19	2:34:46,22	0:03:55,03	9
4	CFP b	131	João Gordon	0:01:09,37	0:05:13,84	0:04:04,47	10
5	GCNF	126	João Cruz	2:40:37,42	2:44:43,43	0:04:06,01	11
1	INFANTE a	122	Gustavo Barbosa	2:40:37,42	2:44:46,47	0:04:09,05	12
1	CNS b	132	Miguel Mendes	0:06:26,82	0:10:40,84	0:04:14,02	13
1	CDUP	117	David Almeida	2:37:10,18	2:41:27,18	0:04:17,00	14
2	RCFP	165	Rui Pinto	2:40:37,42	2:45:01,74	0:04:24,32	15
3	CNB	119	Bruno Barros	2:37:10,18	2:41:35,66	0:04:25,48	16
4	GDFB a	125	Carlos Oliveira	2:40:37,42	2:45:07,53	0:04:30,11	17
2	SCP b	118	Luís Simões	2:37:10,18	2:41:43,30	0:04:33,12	18
3	NAVAL	129	Pedro Pereira	0:01:09,37	0:05:49,15	0:04:39,78	19
3	CNV b	114	João Fiuza	2:30:51,19	2:35:42,96	0:04:51,77	20
2	INFANTE b	113	José Pereira	2:30:51,19	2:35:55,91	0:05:04,72	21
2	ANL a	128	Francisco Diniz				Desis
5	SCP a	136	Pedro Carneiro				Desis

Prova nº. 9 - 11H55/12H00/12H05			2 X INIC/ MASC.			(1000 m)	
(14T)							
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
3	GDFB b	151	Minguel Costa/João Raposinho	0:24:12,73	0:27:15,28	0:03:02,55	1
5	CNB	147	Bruno Lopes/Ruben Loupas	0:19:55,45	0:23:22,05	0:03:26,60	2
3	ACADÉMICA a	145	Vitór Camões/Gustavo Assunção	0:19:55,45	0:23:23,65	0:03:28,20	3
5	RCFP	166	Pedro Manezes/Ricardo Rodrigues	0:14:11,04	0:17:40,74	0:03:29,70	4
4	GCCF a	146	Gonçalo Alves/David Correia	0:19:55,45	0:23:28,82	0:03:33,37	5
3	SCC	141	Fábio Gonçalves/Maurício Quintela	0:14:11,04	0:17:45,02	0:03:33,98	6
2	CNV	139	João Passos/Gil Faria	0:14:11,04	0:17:53,84	0:03:42,80	7
1	ARCO b	149	João Alpuim/Henrique Correia	0:24:12,73	0:27:56,22	0:03:43,49	8
2	SCP	144	Miguel Caetano/João Lima	0:19:55,45	0:23:43,48	0:03:48,03	9
4	GCCF b	152	Duarte Silva/Robert Gyorgy	0:24:12,73	0:28:04,39	0:03:51,66	10
1	CACIA	143	André Sousa/Ruben Duarte	0:19:55,45	0:23:54,18	0:03:58,73	11
1	ARCO a	138	Luís Moreira/André Painhas	0:14:11,04	0:18:29,98	0:04:18,94	12
4	ANL	142	Diogo Alves/António Vidigal	0:14:11,04	0:18:48,86	0:04:37,82	13
2	INFANTE	150	João França/João Fula	0:24:12,73	0:29:34,98	0:05:22,25	14

Prova nº. 10 - 12H15/12H20/12H25			4 X INIC/ MASC.			(1000 m)	
(12T)							
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
1	SCC	162	Julian Guerreiro/Diogo Gonçalves/Ivan Silva/Miguel Fernandes	0:47:56,53	0:50:50,66	0:02:54,13	1
3	GINÁSIO a	167	João Neves/Diogo Silva/Nuno Moreira/André Santos	0:47:56,53	0:50:51,84	0:02:55,31	2
2	SCP	154	Sérgio Leite/Philipe Cretu/João Gomes/Rodolfo Névoa	0:29:24,84	0:32:31,80	0:03:06,96	3
3	INFANTE a	160	Virgílio Silva/Hugo Alves/Diogo Almeida/Hugo Sousa	0:43:19,37	0:46:26,57	0:03:07,20	4
2	ARCO	163	Guilherme Esteves/Patricio Pereira/Simão Mata/Miguel Leopoldo	0:47:56,53	0:51:04,80	0:03:08,27	5
4	ACADÉMICA a	161	Vasco Costa/Vitór Graveto/Tiago Susano/João Filipe	0:43:19,37	0:46:30,04	0:03:10,67	6
3	ACADÉMICA b	155	Pedro Santos/Francisco Lourenço/Francisco Guarda/Pedro Cavaleiro	0:29:24,84	0:32:41,59	0:03:16,75	7
2	RCFP	159	Hugo Semeão/Ricardo Santos/José Costa/Rafael Costa	0:43:19,37	0:46:43,83	0:03:24,46	8
1	NAVAL	158	André Jesus/João Morgado/Daniel Silva/Francisco Oliveira	0:43:19,37	0:46:54,84	0:03:35,47	9
4	GINÁSIO b	168	Nuno Gomes/Luís Fernandes/Diogo Paixão/Luís Costa	0:47:56,53	0:51:34,77	0:03:38,24	10
4	INFANTE b	157	Nuno Fernandes/Rúben Ferreira/Daniel Granhão/João Dias	0:29:24,84	0:33:21,95	0:03:57,11	11
1	CG	153	Tiago Oliveira/André Matos/José Castanheira/Leandro Barros	0:29:24,84	0:33:33,48	0:04:08,64	12

Programa tarde - finais

Prova nº. 1 - 15h00/15h05 (11T)				1 X INF/ FEM.		(500 m)	
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
2	CG	5	Catarina Pereira	0:28:21,03	0:30:59,69	0:02:38,66	1
3	ARCO	7	Núria Meira	0:28:21,03	0:31:10,70	0:02:49,67	2
4	GINÁSIO b	4	Mariana Soares	0:28:21,03	0:31:33,98	0:03:12,95	3
2	INFANTE	2	Inês Oliveira	0:32:55,12	0:35:01,54	0:02:06,42	1
3	SCC	6	Inês Ranhada	0:32:55,12	0:35:01,97	0:02:06,85	2
4	CERVEIRA	3	Daniela Ramos	0:32:55,12	0:35:03,96	0:02:08,84	3
5	CFP	8	Marta Abreu	0:32:55,12	0:35:08,43	0:02:13,31	4
1	ACADÉMICA	11	Rafaela Fonseca	0:32:55,12	0:35:15,52	0:02:20,40	5
6	GINÁSIO a	9	Ana Costa	0:32:55,12	0:35:19,22	0:02:24,10	6

Prova nº. 2 - 15h15 (06T)				2 X INF/ FEM.		(500 m)	
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
4	CDUP	17	Patricia Conceição/Francisca Rodrigues	0:52:55,15	0:55:05,23	0:02:10,08	1
3	GCNF	14	Milena Faria/Barbara Coelho	0:52:55,15	0:55:06,32	0:02:11,17	2
2	GINÁSIO a	13	Inês Costa/Maria Limede	0:52:55,15	0:55:20,62	0:02:25,47	3
5	CERVEIRA	18	Cátia Ferreira/Adriana Lages	0:52:55,15	0:55:27,47	0:02:32,32	4
1	NAVAL	15	Catarina Silva/Raquel Pimentel	0:52:55,15	0:55:27,91	0:02:32,76	5
6	SCP	12	Alexia Portela/Patricia Santos	0:52:55,15	0:55:44,75	0:02:49,60	6

Prova nº. 3 - 15h25/15h30 (12T)				1 X INF/ MASC.		(500 m)	
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
2	ACADÉMICA b	20	Carlos Roque	0:58:32,25	1:00:43,09	0:02:10,84	1
3	CFV	34	António Santos	0:58:32,25	1:00:46,32	0:02:14,07	2
4	CERVEIRA b	40	André Marques	0:58:32,25	1:00:48,34	0:02:16,09	3
1	SCP b	42	Filipe Vieira	0:58:32,25	1:00:51,77	0:02:19,52	4
6	SCC	32	João Sousa	0:58:32,25	1:00:58,86	0:02:26,61	5
5	CFP b	51	Miguel Lobato	0:58:32,25	1:00:59,39	0:02:27,14	6
3	ACADÉMICA a	37	Gonçalo Delgado	1:02:34,16	1:04:39,19	0:02:05,03	1
5	CNS a	21	Dinis Costa	1:02:34,16	1:04:41,78	0:02:07,62	2
2	GINÁSIO a	46	Tiago Silva	1:02:34,16	1:04:43,86	0:02:09,70	3
4	CERVEIRA a	49	David Cerqueira	1:02:34,16	1:04:48,36	0:02:14,20	4
1	ARCO	33	João Costa	1:02:34,16	1:04:50,61	0:02:16,45	5
6	CNV	35	Diogo Pereira	1:02:34,16	1:04:50,99	0:02:16,83	6

Prova nº. 4 - 15H40/15H45 (12T)				2 X INF/ MASC.		(500 m)	
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
4	SCP a	70	Diogo Freitas/Diogo Costa	1:12:16,56	1:14:32,15	0:02:15,59	1
6	CDUP	65	Diogo Bastos/João Teixeira	1:12:16,56	1:14:32,94	0:02:16,38	2
2	CNV	59	Tiago Oliveira/Gonçalo Silva	1:12:16,56	1:14:33,35	0:02:16,79	3
1	CACIA	55	Eduardo Vieira/Rafael Ferreira	1:12:16,56	1:14:35,43	0:02:18,87	4
3	RFCP	52	André Malheiro/Francisco Magalhães	1:12:16,56	1:14:39,60	0:02:23,04	5
5	INFANTE a	68	Emanuel Barbosa/Vasco Nogueira	1:12:16,56	1:14:41,29	0:02:24,73	6
3	SCC a	62	Nuno Ferreira/António Bezerra	1:17:54,42	1:19:56,01	0:02:01,59	1
5	ARCO	63	Rafael Sousa/Miguel Machado	1:17:54,42	1:20:02,18	0:02:07,76	2
4	SCP b	61	Evandro Almeida/Pedro Ferreirinha	1:17:54,42	1:20:03,64	0:02:09,22	3
2	CERVEIRA	58	Rafael Carvalho/Samuel Pinto	1:17:54,42	1:20:08,32	0:02:13,90	4
1	ACADÉMICA a	57	João Oliveira/João Graveto	1:17:54,42	1:20:09,27	0:02:14,85	5
6	CFV	69	Tiago Ferrero/Filipe Pereira	1:17:54,42	1:20:17,63	0:02:23,21	6

Prova PC1 - 16h00			1 X / BJM FEM		(250 m)		
(04T)			(FINAL DIRECTA)				
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
5	Cacia	10	Ines Dias	1:28:48,78	1:30:18,22	0:01:29,44	1
3	GDFB b	74	Júlia Martins	1:28:48,78	1:30:24,47	0:01:35,69	2
2	CG	73	Beatriz Velinho	1:28:48,78	1:30:34,01	0:01:45,23	3
4	GDFB c	75	Ana Almeida	1:28:48,78	1:30:37,17	0:01:48,39	4
1	GDFB a	72	Marta Nobre	1:28:48,78	1:30:46,07	0:01:57,29	5

Prova PC2 - 16h05/16h10			1 X / BJM MASC		(250 m)		
(08T)			(FINAL DIRECTA)				
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
3	SCP a	170	David Leite	1:42:43,87	1:44:22,15	0:01:38,28	1
1	CNV a	76	Gelson Almeida	1:36:31,87	1:38:10,52	0:01:38,65	2
3	CNV d	78	André Pinto	1:36:31,87	1:38:18,07	0:01:46,20	3
2	CFV	77	Francisco Seabra	1:36:31,87	1:38:24,22	0:01:52,35	4
1	CNV c	80	José Pereira	1:42:43,87	1:44:40,09	0:01:56,22	5
4	CNV b	79	Eduardo Pinto	1:36:31,87	1:38:28,62	0:01:56,75	6
4	SCP b	171	Pedro Costa	1:42:43,87	1:44:42,96	0:01:59,09	7
2	ACADÉMICA	169	Rodrigo Abreu	1:42:43,87	1:45:01,94	0:02:18,07	8

Prova 11/12/PC3-16h20			1 X Adpt F + 1 X Adpt M + BB Adpt M		(1000 m)		
(04T)			(FINAL DIRECTA)				
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
1	ACDRP	81	Filomena Franco	1:51:34,60	1:58:01,45	0:06:26,85	
2	CG	82	Rui Pereira				
3	CFV	83	Eduardo Silva	1:51:34,60	1:57:20,86	0:05:46,26	
4	CFV	84	Pedro Quintas	1:51:34,60	2:00:10,12	0:08:35,52	

Prova nº. 5 - 16h30/16h35			1 X INIC/ FEM		(1000 m)		
(12T)			(FINAL DIRECTA)				
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
3	RCFP	164	Erica Fernandes	1:59:42,67	2:03:57,50	0:04:14,83	1
2	SCP	87	Inês Alves	1:59:42,67	2:03:58,99	0:04:16,32	2
4	ACADÉMICA b	97	Maria Vieira	1:59:42,67	2:04:01,50	0:04:18,83	3
6	GCNF	99	Tatyana Gudyma	1:59:42,67	2:04:09,93	0:04:27,26	4
1	CACIA	103	Beatriz Valente	1:59:42,67	2:04:20,32	0:04:37,65	5
5	CERVEIRA b	91	Laécia Alves	1:59:42,67	2:04:22,39	0:04:39,72	6
4	CDUP b	93	Sara Soares	2:03:30,82	2:07:25,29	0:03:54,47	1
3	CG	86	Maria Cordeiro	2:03:30,82	2:07:30,15	0:03:59,33	2
2	CFV a	100	Cátia Saraiva	2:03:30,82	2:07:32,88	0:04:02,06	3
5	ARCO	85	Joana Marins	2:03:30,82	2:07:37,07	0:04:06,25	4
1	INFANTE	94	Viviana Tavares	2:03:30,82	2:07:41,56	0:04:10,74	5
6	CFP b	92	Mafalda Lobato	2:03:30,82	2:07:42,18	0:04:11,36	6

Prova nº. 6 - 16H45			2 X INIC/ FEM.		(1000 m)		
(04T)			(FINAL DIRECTA)				
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
2	CDUP	106	Sofia Oliveira/Ana Rodrigues	2:11:08,92	2:15:03,05	0:03:54,13	1
1	ACADÉMICA	105	Marta Oliveira/Alba Abranches	2:11:08,92	2:15:04,97	0:03:56,05	2
4	NAVAL	108	Soraia Moreira/Mariana Nunes	2:11:08,92	2:15:57,74	0:04:48,82	3
3	SCP	107	Patricia Costa/Joana Mandail	2:11:08,92	2:16:07,93	0:04:59,01	4

Prova nº 7 - 16H55			4 X INIC/ FEM.		(1000 m)		
(03T)			(FINAL DIRECTA)				
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
3	GINÁSIO	111	Beatriz Silva/Kamila Samhan/Joana Costa/Bianca Mendes	2:33:33,79	2:37:33,73	0:03:59,94	1
1	INFANTE	109	Maria Barbosa/Lucia Sousa/Andreia Teixeira/Vanessa Ferreira	2:33:33,79	2:37:46,09	0:04:12,30	2
2	SCC	110	Mónica Fernandes/Mafalda Malhado/Cátia Santos/Cláudia Perez	2:33:33,79	2:43:12,22	0:09:38,43	3

Prova nº. 8 - 17H05/17H10			1 X INIC/ MASC.		(1000 m)		
(12T)			(FINAL DIRECTA)				
Pista	Clube e Nº.Proa	Nomes dos Atletas		T/Saída	T/Chegada	T/Final	Clas.
3	FABRIL	134	Ricardo Correia	2:40:32,02	2:44:42,94	0:04:10,92	1
4	CNV a	135	Rui Freire	2:40:32,02	2:44:47,97	0:04:15,95	2
2	GDFB b	115	Eduardo Sousa	2:40:32,02	2:44:48,32	0:04:16,30	3
1	GCNF	126	João Cruz	2:40:32,02	2:45:00,97	0:04:28,95	4
5	CFP b	131	João Gordon	2:40:32,02	2:45:05,30	0:04:33,28	5
6	INFANTE a	122	Gustavo Barbosa	2:40:32,02	2:45:19,30	0:04:47,28	6
3	CNS a	124	Afonso Costa	2:46:33,95	2:50:18,65	0:03:44,70	1
4	CERVEIRA	133	Ivo Carvalho	2:46:33,95	2:50:22,29	0:03:48,34	2
2	SCC a	120	Rodrigo Costinha	2:46:33,95	2:50:29,84	0:03:55,89	3
5	CFV	127	Ruben Saraiva	2:46:33,95	2:50:34,68	0:04:00,73	4
6	CFP a	116	Miguel Castro	2:46:33,95	2:50:43,40	0:04:09,45	5
1	ANL b	112	Duarte Madeira	2:46:33,95	2:50:48,42	0:04:14,47	6

Prova nº. 9 - 17H20/17H25			2 X INIC/ MASC.		(1000 m)		
(12T)							
Pista	Clube e Nº.Proa		Nomes dos Atletas	T/Saída	T/Chegada	T/Final	Clas.
3	CNV	139	João Passos/Gil Faria	2:51:49,85	2:55:49,02	0:03:59,17	1
4	ARCO b	149	João Alpuim/Henrique Correia	2:51:49,85	2:55:59,43	0:04:09,58	2
2	SCP	144	Miguel Caetano/João Lima	2:51:49,85	2:56:01,47	0:04:11,62	3
5	GCNF b	152	Duarte Silva/Robert Gyorgy	2:51:49,85	2:56:05,86	0:04:16,01	4
1	CACIA	143	André Sousa/Ruben Duarte	2:51:49,85	2:56:11,93	0:04:22,08	5
6	ARCO a	138	Luís Moreira/André Painhas	2:51:49,85	2:56:45,27	0:04:55,42	6
3	GDFB b	151	Minguel Costa/João Raposinho	2:56:23,42	2:59:36,43	0:03:13,01	1
5	RCFP	166	Pedro Manezes/Ricardo Rodrigues	2:56:23,42	2:59:49,24	0:03:25,82	2
2	ACADÉMICA a	145	Vitór Camões/Gustavo Assunção	2:56:23,42	2:59:58,32	0:03:34,90	3
4	CNB	147	Bruno Lopes/Ruben Loupas	2:56:23,42	3:00:04,51	0:03:41,09	4
6	SCC	141	Fábio Gonçalves/Maurício Quintela	2:56:23,42	3:00:06,43	0:03:43,01	5
1	GCNF a	146	Gonçalo Alves/David Correia	2:56:23,42	3:00:13,40	0:03:49,98	6

Prova nº. 10 - 17H35/17h40			4 X INIC/ MASC.		(1000 m)		
(13T)							
Pista	Clube e Nº.Proa		Nomes dos Atletas	T/Saída	T/Chegada	T/Final	Clas.
3	ACADÉMICA b	155	Pedro Santos/Francisco Lourenço/Francisco Guarda/Pedro Cavaleiro	0:02:41,25	0:06:17,94	0:03:36,69	1
4	RCFP	159	Hugo Semeão/Ricardo Santos/José Costa/Rafael Costa	0:02:41,25	0:06:20,63	0:03:39,38	2
5	GINÁSIO b	168	Nuno Gomes/Luís Fernandes/Diogo Paixão/Luís Costa	0:02:41,25	0:06:22,78	0:03:41,53	3
1	INFANTE b	157	Nuno Fernandes/Rúben Ferreira/Daniel Granhão/João Dias	0:02:41,25	0:06:41,58	0:04:00,33	4
6	CG	153	Tiago Oliveira/André Matos/José Castanheira/Leandro Barros	0:02:41,25	0:06:55,39	0:04:14,14	5
2	NAVAL	158	André Jesus/João Morgado/Daniel Silva/Francisco Oliveira				Desis.
4	GINÁSIO a	167	João Neves/Diogo Silva/Nuno Moreira/André Santos	0:07:40,33	0:10:45,44	0:03:05,11	1
3	SCC	162	Julian Guerreiro/Diogo Gonçalves/Ivan Silva/Miguel Fernandes	0:07:40,33	0:10:48,04	0:03:07,71	2
2	SCP	154	Sérgio Leite/Philippe Cretu/João Gomes/Rodolfo Névoa	0:07:40,33	0:11:01,16	0:03:20,83	3
1	ARCO	163	Guilherme Esteves/Patício Pereira/Simão Mata/Miguel Leopoldo	0:07:40,33	0:11:01,87	0:03:21,54	4
5	INFANTE a	160	Virgílio Silva/Hugo Alves/Diogo Almeida/Hugo Sousa	0:07:40,33	0:11:03,65	0:03:23,32	5
6	ACADÉMICA a	161	Vasco Costa/Vitór Graveto/Tiago Susano/João Filipe	0:07:40,33	0:11:11,66	0:03:31,33	6